May 2009

Volume XX, Issue IV

Barony of Dun Carraig

Clyffe Notes

Inside this issue:

Letter from Their Excellencies	2
Officer Reports	3-5
Eats ideas for Camp	6
Calendar of Events	8
Baronial Progress	8
Meeting Minutes Cont.	9

April Business Meeting Minute

In Attendance: Sam, George, Molly, Kiri, Phillip, Serena, Mathias, Gormr, Isolda, Theron, Khadir, Lynette, Mike, Minna, Adriana, Matthew (I'm not sure if there were more here (I had a brain fart and didn't record who was present). If you're not listed here, please let me know.

Events:

A Day in the Middle East: 80 adults attended the event, 24 of those were non-members. Unfortunately we lost money on this event; however, it was well-received by those who attended. Apparently, we are not the only group in this situation, due to the mundane effects of our economy. Not only that, we were competing with a nearby Barony's fighting event. This is the first time that this event has lost money, and this time it was not a Royal Progress event. These things need to be considered when estimating attendance and profits for next year's event.
The site worked out well, and everyone agreed that if the same deal can be worked out, we will use it again next year. We will spike it as "no conflict," and Lore will Autocrat (Molly will be back-up if she gets the coronet). Kiri will cook feast, and Gormr (if he doesn't get the coronet) will do the Mezze.

Challenge of the Heart: We are doing a joint event with Storvik's Novice Tournament. Both event's had been spiked for the same day, on the same day. (We spiked shortly before, but Storvik had their site reserved for months.) Solution was to combine the events, and Storvik has been very gracious in agreeing to do so. Dun Carraig is enthusiastic to join in with such a successful event as this. Both sides have some questions, and a dinner is planned for those most involved with the planning to iron things out. If we plan to continue having joint events after this year, some policies will need to be made to assure that neither side loses out unfairly.
We will host an A&S champion competition in which a prize will be handed out, and from those participating from within Dun Carraig, the new A&S Champion will be decided. There will be an A&S tourney displaying helms (mantling) and favors (from him to her, or from her to him). A Ladies Gallery will be organized

Dun Carraig's Arms

Letter from Their Excellencies

Unto the most spiffy Seadogs of Dun Carraig do your Baron and Baroness send greetings. We are gearing up for our combined Challenge/Novice tournament with our neighbors in Storvik. We are heartily cheered by the number of Seadogs who have pledged to wear the colors of the Barony, argent and gules, during the tournament and those who have pledged to assist Us in producing banner and pennants to add to the pageantry of the event. This is an excellent opportunity for Our people to shine and to make that "special project" you've been thinking of. We are very much looking forward to seeing the finery of the Barony on display, and to outshining our dear cousins.

Challenge also presents an opportunity for our fighters. New fighters can authorize at the event, and then drill as part of the Northern army on Sunday. More experienced fighters can show off both their martial skills, and the panache that separates the base from the exceptional. We would ask that all participants in the Challenge tournament place their helm for display. Helms should be clean and polished, and should be decorated with torse, mantling and/or crest to identify the owner. We would also ask that Ladies consider spending some time in the Ladies Gallery. This area is set aside for the comfort and company of the Ladies, that they might watch the fighting during the day. Fighters may present themselves before the Knight of Honor to challenge the Ladies of the Gallery and prove their skills in the arts of peace. Challengers to the Gallery may be asked questions of chivalry, asked to play a game of chess or perhaps recite a short verse. Those who best please the Ladies of the Gallery shall be rewarded with fair smiles, praise and what ever other token a Lady deems fitting to provide. Ladies, show up dressed to impress.

We are saddened that demands of hearth and home will prevent Us from answering the call to journey to the Pennsic War. Spending time under the Dun Carraig banner at Pennsic has been some of Our happiest times. We charge those of you who are able to attend to win a fair share of the glory, for We will be waiting at home for tales of your adventures. We would ask that the traditions of Dun Carraig continued to be observed, even in Our absence from camp- namely, that guests are well treated within Dun Carraig lands and camp, hospitality (within your means) is offered, and that we treat each other kindly and with respect. We will be eagerly awaiting your return to Our lands, safe and sound.

Finally, as Our time begins to wind down, we would ask that you consider for a moment those around you who have been helpful or inspiring. Please take a moment to let Us know about them. If they already have a Baronial level award, please consider writing in a Kingdom level one for them, and letting Us know. When we stepped up, it seemed like we had so much time...and now, time grows short and races past Us. Please help us to recognize those worthy of recognition before we depart Our office.

In service to Our Barony and it's people,

Erwin Bloodax and Mary Isabel

Seneschal's Report

No Report

All pictures in this issue of Clyffe Notes are my own. All artwork is taken from Dover Publication books.

Chronicler's Report

Chronicler had a request for a text only version of the Clyffe Notes for those who read it on dial-up. That will be looked into. Thanks for the suggestion!

Herald's Report

Quarterly report is filed.

Quartermaster's Report

Loaner gear to Esperanza middle school for their play and they are excited.

Minister of Minor's Report

Nothing to report.

Chatelaine's Report

Nothing to report.

Minister of the Lists' Report

MOL is getting together with Jynette to figure out the details of the Pas for Challenge. If you need re-authorization before Pennsic, see the MOL. They can be done at Fighter Practice.

The Business Meetings are held on the first Tuesday of each month at 7:30pm at the Southern Maryland Higher Education Center at 44219 Airport Road, California, MD 20619. For directions go to www.smhec.org.

Webminister's Report

Getting more done with the member log-in section.

Knight Marshal's Report

Nothing to Report.

Did you find a mistake? Did I misquote someone? Please (kindly) let me know. Email me at Chronicler@duncarraig.net and I'll correct it in the next newsletter.

Minister of Arts and Sciences' Report

Get crafty brains in gear, because events are coming.

Exchequer's Report

The Exchequer is getting caught up on email after having computer problems. If she hasn't responded to you, she'll get to you in the next couple days.

The Financial Policy is being reworked to add new items that Kingdom requires. Kelly and George will be working with me for any other possible changes.

I'm working on the quarterly report for 1st quarter '09.

The final numbers for ADITME '09 are a loss of $459.09

I need to meet with the quartermaster on an inventory list for the quarterly report.

I need to get Matt's signature on the ADITME NMS check and get it sent to Kingdom.

Camp Cooking

by Lady Caointiarn

You don't think you have any talent to cook forsoothly ~ You cringe at the idea of packing a food basket of sausage, cheese, bread and beer *again*. But fear not, if you have a bit of talent feeding your household on a regular basis, you can do the same using recipes from the Middle Ages.

Menus can be as simple as a one-pot meal. Trying new foods at home, before taking them off to any Event is a good thing. This way you will know that no one in your party would rather starve than eat "that stuff," you won't be surprised by a phrase you missed earlier, and, by introducing new foods with familiar goodies helps push back the yuck buttons. I mean what's not to like about a Tart of Ryce? It can be made a day ahead, doesn't need refrigeration, just cover with foil and pack into your food basket.

Tart of Ryce

Boyle your Ryce, and put in the yolkes of two or three Egges into the Rice, and when it is boyled, put it into a dish, and season it with Suger, Cinamon, and Ginger, and butter, and the iuyce of two or three Orenges, and set it on the fire againe.

Dawson, Thomas, The Good Huswife's Iewel, 2parts. London, 1596/7

My redaction:
1 cup rice
2 cups water
3 eggs
scant 1/2 cup sugar
1/4 cup butter
1/2 cup orange juice
1 tsp Cinnamon
1/2 tsp ginger, freshly grated

In a pot with lid, boil water. Add rice and let simmer on low for 20 minutes.

In a bowl, beat eggs until thick and lemon-colored. Add sugar, juice and spices mixing well. Add the cooked rice, and butter mix well to incorporate all ingredients. Place in well-greased pie or tart pan. Bake at 350 for 30- 45 minutes (until nicely browned at edge). Serve warm or cold.

The rice may be made ahead of time and added cold. This is a great dish to round out a picnic style meal ~ a nice side dish that's not too sweet.

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Need something to take along for that late Friday night supper? As with most of us, the tent must be assembled and the campsite set-up, before anyone thinks of supper. This dish has a number of variations built in. When I first tasted it, it was made from ham, and the recipe itself uses chicken as a substitute, so any meat you use is sure to please. You may want to change the type of wine used ~ red for beef or lamb, white for chicken, veal or pork. It is simple enough to prepare on site, or the meat and sauce can be made ahead of time and frozen, so all you need to do is reheat and boil the fettuccini. Add a salad and crusty bread and supper is done.

Stwed Mutton

Take faire Mutton that hath ben roste, or elles Capons, or suche o(th)er flessh, and mynce it faire; put hit into a possenet or elles between ii. Silver disshes; caste thereto faire parcely,And oynons small mynced ; then caste there=to wyn, and a litull vynegre or vergeous, pouder of pepper, Canel, salt and saffron, and lete it stue on (th)e faire coles, And (th)en serue hit for the; if he have no wyne ne vynegre, take Ale, Mustard, and A quantite of Vergeous, and do (th)is in (th)e stede of wyne or vinegre.

(as copied from Pleyn Delit, #98, Harl 4016)

Camp Cooking(cont'd.)

My redaction:
1 lb pork loin, sliced thin
1 large onion, minced
1 cup white wine
1 or 2 Tbs vinegar
1 or 2 Tbs cinnamon
pepper & salt to taste
1/4 cup parsley, minced
olive oil
1 lb fettuccine cooked, al dente

Sauté the pork in the tiniest amount of olive oil. Add the onions and continue to sauté until onions are translucent and pork is browned. Add the wine and vinegar (if the wine is dry, you may want to omit the vinegar) and the spices (I tend to use a heavy hand with the cinnamon). Simmer 10 minutes ~ enough to evaporate the alcohol and cook the onion. { if making this fresh, start the fettuccine now} Add parsley last, simmer enough to wilt, but not to make it bitter (no more than another 5 ~10 minutes)

Serve over fettuccine. Serves 4 hungry people.

****

Another easy recipe is Gyngerbrede. It is easily made, stores well, and travels beautifully. It is that essential piece de resistance when passing around a tray of fruits and sweets. Made from honey, but has a bite from the ginger and long pepper. When I first made this, I used regular black and white pepper for the long pepper. It was good, but those who knew the taste of long pepper, knew the difference. But don't let that little tidbit stop you from trying a small batch.

Gyngerbrede

I found the recipe in Curye on Inglysch, Part V: Goud Kokery #19.

Take goode honye and clarefie it on the fere, and take fayre paynemayn or wastel bread and grate it, and caste it into the boylenge hony and stere it togyder faste with a sklyse that bren not the vessell. And thanne take it doun and put therin ginger, longe pepere and saunders, and tem~ pre it up with thin handel; and than put hem to a flatt boyste and strawe thereon sugar and pick therin clowes round about by the egge and in the myudes if it plece you &c.

My Redaction:
1 cup honey
1 cup stale breadcrumbs, finely grate (possibly more)
1 tsp ginger freshly grated
1 tsp long pepper
whole cloves for decoration
sugar to sprinkle

Heat honey to boiling in a heavy pot. Skim off any foam that forms. Add ginger and the peppers (I am unfamiliar with saunders, so I left it out) Once the spices are mixed in thoroughly, start adding the breadcrumbs slowly, all the while stirring vigorously (think of cream of wheat ~~ avoid the lumps). Once the crumbs are all absorbed the mixture will be very thick pulling away from the sides of the pot (if it's not that thick, add more crumbs until it is). Pour and pat the mixture into a square dish lined with wax paper. Sprinkle on sugar as desired, score the top and use cloves to decorate.
Cut and serve once it has cooled.

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As I have shown, cooking for your household in these Current Middle Ages is as easy as pie (or tart); and as simple as sautéing meat and veg~ gies and boiling water for pasta. Most recipes are recognizable foods, and very scrumptious as well. So, re~think your usual camp fare for Medieval recipes: Be brave, read, redact and enjoy!

Baronial Progress

Sapphire Joust, May 22-25, Caer Mear, **Ba**

On Target, May 30, Lochmere, **BnB**

Key

BnB—Baron and Baroness

B—Baron

Ba—Baroness

Use other Acorn Progress Abbreviations.

The Baronial Calendar displays events at nearby locations. It is not indicative of all Atlantian events. For all scheduled events go to www.atlantia.sca.org.

If you would like to receive Clyffe Notes in printed form, please email me at chronicler [AT]duncarraig.net. Please give me your SCA and Mundane name(s) and your address.

May 2009

Sun	Mon	Tue	Wed	Thu	Fri	Sat
31					1	2 Spring Crown Tournament, Raven's Cove, May 1-3
3	4	5 Business Meeting, SMHEC	6 Heavy and Rapier Practice, Southern CC	7 Archery Practice, Baron Jonathas' house	8	9 St. Aiden's Melee College, Storvik
10	11	12	13 Heavy and Rapier Practice, Southern CC	14 Archery Practice, Baron Jonathas' house	15	16 Steppingstone Demo, Bright Hills/SAAD, Crois Brigte
17	18	19	20	21 Archery Practice, Baron Jonathas' house	22	23 Sapphire Joust, Caer Mear, May 22-25
24	25	26	27 Heavy and Rapier Practice, Southern CC	28 Archery Practice, Baron Jonathas' house	29	30 On Target, Lochmere

Overheard in (and around) Dun Carraig

"A good lady in waiting has to be willing to take a ballista bolt for her baroness."

"I'd sell my virtue for fettucine alfredo."

"Every time she blows it, it rises."

"I'm going to expand the baronial population by going around licking strangers."

"On the outside, it looks small, but inside, it's huge!"

"Being on top counts, right?"

April Business Meeting (cont'd.)

again by Isolda who will send an invitation to Her Majesty. The Novice Tourney will begin with a processing in of the combatants with their heralds. The Pas will begin with the processing the fighters with their consorts and heralds. The event will possibly be labeled as "Novice Tourney with a Challenge (of the Heart)." If you have a better idea, email Khadir at his new email address: hollyarcher AT md dot metrocast DOT net.

Polling:
We have 2 viable candidates. As a last chance the offer of anyone else to step up was made, and no one did. We will try to pass by Kingdom as we have asked all possible candidates in the Barony.

Pennsic:
We need a land agent for Pennsic as Phillip will be unable to be there. Land Agent needs to be on site for Land Grab, and needs to be there for the whole two weeks. The jobs are communicating with block mates and dividing the block up amongst the groups.

Charter/Financial Policy:
We want to get a group of 4 to decide a new charter. The proposed version will then be brought before the officers, then the Barony. Molly, George, Kelly and Mindy will be that committee. The same goes for a new Financial Policy: Bobbi, Kelly, and George will make up that team.

Celtic Festival:

Committee members will get together to figure out what we will be doing for this demo. Committee members will meet at Minna and Khadir's house. It will take place on April 25. We will have a 10x10 static display in the Clan area. We would need to set our own area up,. We'll use trifolds, business cards, tattoos (?) and an application was suggested (and well received). Theron suggested that we get the Pennsic video to play and display what we cannot show in a static display. (We need to provide our own power if we're going to do that.) As this event draws a crowd from farther distances, we should have contact information for other nearby baronies.

Relay for Life:

As our Challenge event is now happening the day after, Mathias is trying to find out if we need to be there to be considered part of Relay. We don't have enough to make a marked presence and that's unlikely to change at this point. Rose suggested that we do fundraisers for ACS to make money for our team. (make cookies to take to work) The suggestion was made that we do these at Challenge, as money doesn't have to be in until August. A children's joust was one of the suggestions (child (of any age) to be sponsored by adult). Also, a torchlight tourney the evening before the event.

Kingdom University:

Kelly was unable to get information, so Minna will take over that.

April Business Meeting (cont'd.)

New Business:

As we take the recent monetary loses into account, we need to consider more fund raisers.

~There is an online store that allows you to make your own designs on merchandise, and costs go to one account (ours).

~Oval PW (Pennsic War) stickers.

Birthday: Khadir is autocrat, Camp St. Charles has date available. (Nov. 7~8) Isolda would be unable to attend due to work commitments, and as she's a Baronial candidate, Khadir will find out if Nov. 14~15 is available. Has cabins and tents. Around $900.

Minna looked at a site called Summerseat. Cost would be $500/day for just grounds. There are no kitchen and no cover for rain. George also warned to take before pictures for deposit protection and liability. (To the chronicler, this sounded like advice learned from experience.)

There being no further business, the meeting was dismissed to Cheeseburger in Paradise.

Lord Darnley, husband of Queen Mary of Scotland, 1566 | Marchioness of Dorset | Queen Mary of Scotland, 1566

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Erik of Dun Carriag

Armored Champion:
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A&S Champion:
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Archery Champion:
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We're on the Web!

Check out www.duncarraig.net

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